



xpress

Bluetooth programmable
remote control

DESCRIPTION	BATTERY	DIMENSIONS
<p>The four target buttons can each control a scene or an animation chosen by the user, or simply a single luminaire, a group of luminaires, or all luminaires at once, if desired.</p> <p>Xpress also includes dimming buttons to adjust light intensity, as well as up/down buttons that control color temperature.</p>	<p>Battery: CR 2430 Lithium-ion</p> <p>Lifespan: 2-5 years, depending on use</p>	<p>90 x 90 x 12 mm</p> <p>Wall-mount bracket included</p>

ADVANTAGES & KEY FEATURES

- + Luminaire control
- + Scene recall
- + Color temperature adjustment
- + Adjustment of the indirect/direct lighting ratio

DESTINATION

ALL LUMINAIRES IN THE EVO
AND ERG'O RANGE

OUR WARRANTIES

Warranty: 2 years
(excluding batteries)



Enhancing workplace ergonomics

Positively influencing chronobiology,
this is what OD offers with Erg'O.

By adapting both the amount of light and its color temperature at each stage of the day, and by respecting the "reset" of the internal clock, the Erg'O range provides everyday comfort and a new kind of ergonomic experience.

The wake-sleep rhythm is the one that most strongly affects our daily lives. It exists in most, if not all, animals, including invertebrates. The formal study of biological rhythms is known as chronobiology. The cycle imposed by the internal clock naturally spans between 23½ and 24½ hours, depending on the individual. To function properly, it relies on external cues, interpreting them as signals to continuously resynchronize to a 24-hour cycle.

Thus, factors like food intake, physical exercise, and ambient temperature are called "time givers."

However, the most important "time giver" is light. Inappropriate exposure to light can throw your entire biological clock off, affecting cognitive function, the cardiovascular system, sleep, alertness, memory, and more.

The circadian rhythm, the alternation of periods lasting approximately 24 hours, influences numerous biological, physiological, and behavioral mechanisms in humans.

Scan these QR codes to watch all our explanatory videos:

What is the circadian
rhythm?



What is the difference
between Ergo and Evo?



How does the remote
control work?

